End of Life OPTIONS NEW MEXICO

2025 ANNUAL REPORT

"Quality of Life at the End of Life"

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Jill VonOsten
MBA, Emeritus Advisor

Libby Hopkins
RN, Hospice Advisor

Our Mission

End of Life Options New Mexico (EOLONM) provides information and support for all End-Of-Life options, including Medical Aid in Dying (MAiD).

Our Vision

New Mexicans have accurate information and caring support to choose their end-of-life care options in a system that honors those choices.

Our Values

The collective values that bring us to end-of-life work compel us to demonstrate compassion for others' experiences, be inclusive of our state's diverse population, show respect for each individual's end-of-life care choices, support people in a nonjudgmental manner, and act with steadfast integrity.

Donate to EOLONM

End of Life Options
New Mexico (EOLONM)
c/o Delta Management
500 Marquette Ave., N.W. Ste. 280
Albuquerque, NM 87102

"Quality of Life at the End of Life"

Celebrating FIVE YEARS

Building the 5 NEXT FIVE!

Dear Friends,

This year, End of Life Options New Mexico celebrates five years.

As we reflect on this milestone, we are thinking not only about how much the organization has grown since 2021, but also about the human stories, relationships, and acts of care that have shaped who we are. What began in response to the passage of the Elizabeth Whitefield End of Life Options Act has grown into something deeper and broader: a trusted source of education, support, and compassionate guidance for individuals and families across New Mexico.

From the beginning, we understood that the passage of the law alone would never be enough. People need clear information. They need help understanding their options. They need space to reflect on what matters most. And often, they need the reassurance that they do not have to navigate these conversations and decisions alone. That is the heart of EOLONM's work.

Every day, we meet people in tender, vulnerable, and profoundly human moments. Some are planning and making their wishes known. Some are caring for a loved one. Some are living with serious illness. Some are grieving. Some are simply looking for clarity amid uncertainty. In each moment, our work begins in the same place: with listening, compassion, and respect.

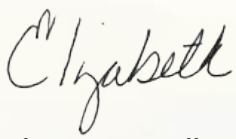
Considering our first five years, we feel immense gratitude for the trust people place in us, and for the volunteers, staff, board members, advisors, partners, and donors who make this work possible.

We also feel deep pride in what has been built together. Over five years, EOLONM has grown into a statewide organization offering public education and outreach, professional and clinical education, and compassionate client support. We have reached communities across New Mexico, strengthened partnerships, and supported hundreds of individuals and families each year.

As New Mexico's population ages and the need for education and support grows, EOLONM remains committed to deepening our reach and ensuring that individuals and families across our state—especially those too often overlooked—have access to the information and care they deserve.

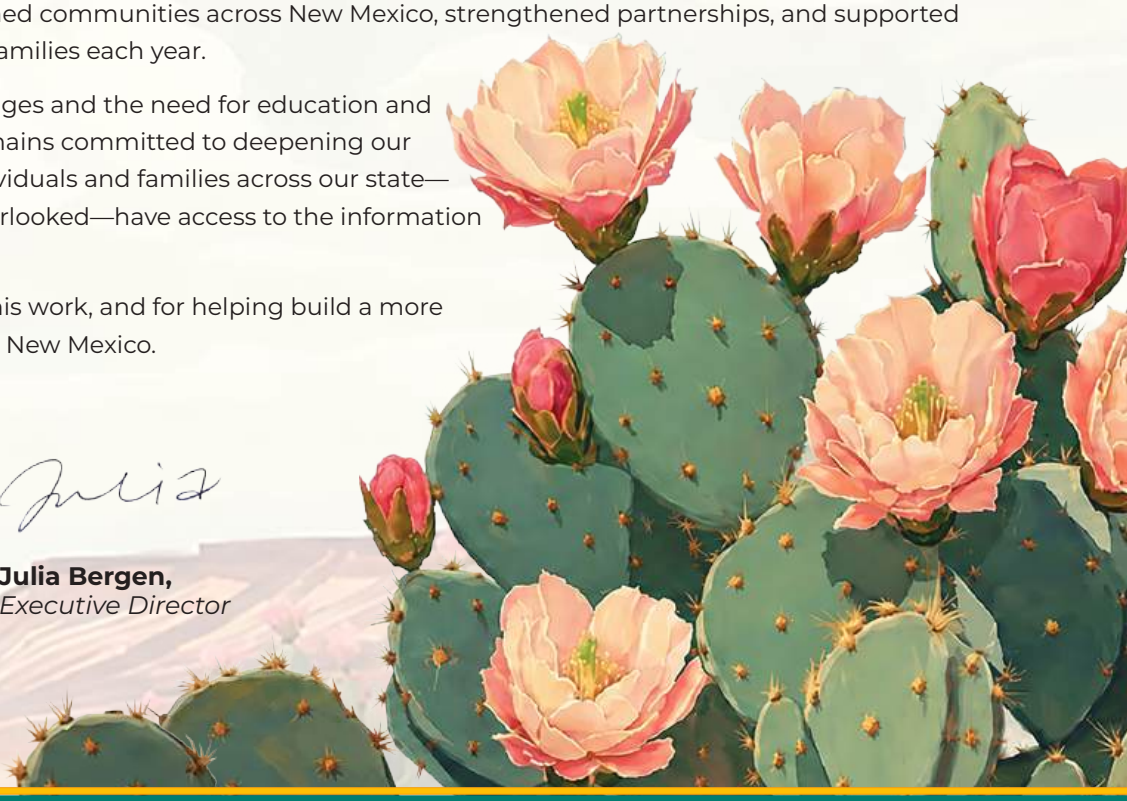
Thank you for being part of this work, and for helping build a more compassionate and informed New Mexico.

With gratitude,



Elizabeth Armijo,
Board Chair

Julia Bergen,
Executive Director



Programs and Impact

Public Outreach & Education (POE)

Top: *The Silver City Team from left— Joanne, Jane, Adrienne, and Siri.* **Second Row:** *Robin presenting at the Santa Fe Public Library; and Kelly, Christina and Phyllis at the Conference on Aging in Las Vegas, NM.* **Bottom Row:** *Patsy and Joe tabling & Jan, Carmen, and Sig registering folks at the 'Before I Die' Festival in Albuquerque.*

Our Teams are Statewide!

EOLONM's ***Public Outreach and Education Team*** helps ensure that every New Mexican has access to clear, accurate, and compassionate information about advance healthcare planning and end-of-life care options. Through workshops, presentations, trainings, and community events, the team helps individuals, families, professionals, and community leaders understand their choices and the importance of planning.

In 2025, our work expanded significantly with support from the New Mexico Aging and Long-Term Services Department. We introduced our 'Empowering Seniors' Workshops in collaboration with Jane Westbrook, bringing practical, values-centered education to folks across New Mexico. We expanded our Advance Healthcare Planning Workshops under Jan Wilson's leadership, helping more New Mexicans reflect on their wishes, begin meaningful conversations with loved ones and healthcare providers, and complete advance directives.

Through partnerships with NM Highlands and NM State Universities and Salud Morena, we offered trainings to social workers and community health workers broadening their knowledge about end-of-life care options.

POE by the numbers:

- **47** POE Volunteers
- **29** Tabling Events
- **56** Workshops & Presentations
- **2431** Presentation Participants
- **5000+** Brochures Distributed

"Quality of Life at the End of Life"

Client Support Team (CST)

EOLONM's ***Client Support Team*** provides compassionate support to individuals and families navigating end-of-life care decisions. Through our Warmline Dispatcher, clients are thoughtfully matched with a trained Client Support Team Member who listens deeply and offers steady support. In addition, they provide clear information about advance healthcare planning, palliative care, hospice, VSED, and medical aid in dying under New Mexico's Elizabeth Whitefield End-of-Life Options Act.

Often, this support continues over time with team members walking alongside individuals and families throughout the end-of-life experience. Whether someone is seeking information, weighing care options, preparing for conversations with loved ones, or moving through the medical aid in dying process, our team offers a caring and knowledgeable presence.

This year, we established a Client Support Team Working Group focused on strengthening trainings, processes, and support systems. This ongoing commitment to learning and quality helps us build a more prepared, responsive, and compassionate team.

"One cannot truly imagine what it feels like to be face to face with imminent death until you are there. If my last days of suffering—pain, fear, anxiety—can be eased by allowing me the autonomy to decide when enough is enough, ***I want that option."***

Erika Gergerich — Associate Professor of Social Work at New Mexico State University - LCSW, PhD. Erica lives with a stage-four cancer diagnosis, which is currently stable.

CSTMs Offer...

- Careful, non-judgemental listening
- Clear information about end-of-life care options in New Mexico
- Help understanding processes and next steps
- Support for you and your loved ones during difficult conversations

You choose the level of involvement that fits your comfort, circumstances, and needs.

CSV by the numbers:

713 Total Touches

210 Client Intakes

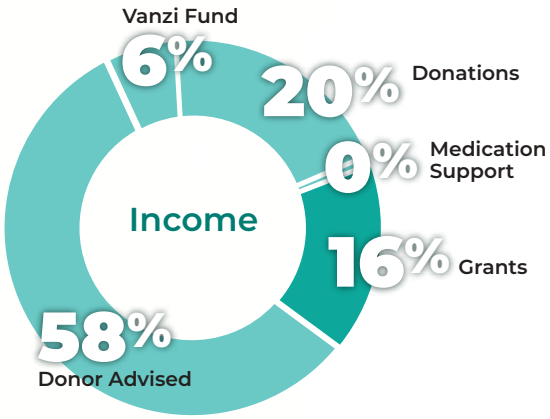
43 Clinician Inquiries

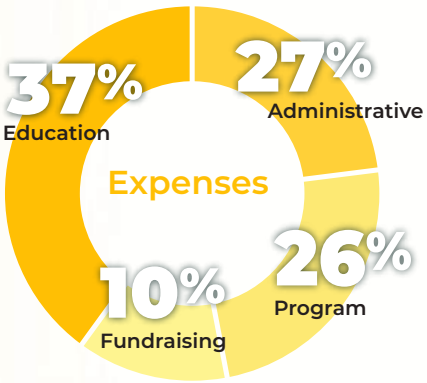
23 Medication Assistance

Financials

Income

Unrestricted		
Donations	$49,171.77	20%
Vanzi Fund	$14,199.00	6%
Donor Advised	$139,047.92	58%
Restricted		
Medication Support	$225.00	0%
Total Donations	$202,643.69	
Grants		
Total grants	$38,720.91	16%
TOTAL Income	**$241,364.60**	





Expenses

Administrative (Operations)	$75,114.04	27%
Program (Client & Community Support)	$72,797.61	26%
Outreach/Education (Workshops, Materials & Website)	$101,737.30	37%
Fundraising	$27,440.06	10%
***TOTAL Expenses**	**$277,089.01**	

**Note: EOLONM ended 2025 with a 13% gap between income and expenses, primarily due to unanticipated costs associated with establishing our first office. Securing a permanent office represents an important milestone in EOLONM's growth, and these ongoing expenses have been incorporated into our 2026 budget.*

Planned Giving

Your financial support helps End of Life Options New Mexico (EOLONM) provide education, outreach, and compassionate support to people and families across the state.

Planned Giving offers a meaningful way to make a lasting contribution to the work you believe in, often without affecting your current finances. A gift through your will, trust, retirement account, or beneficiary designation can help sustain EOLONM's mission for years to come and protect access to compassionate end-of-life care options information, planning, and support across New Mexico.

Make a gift

To learn more about making a gift or including EOLONM in your legacy plans, please contact us at **info@endoflifeoptionsnm.org**

Many Ways to Give

- **Give** By Check or Online
- **Stocks** IRA Giving & Equities
- **Honor** A Loved One
- **Legacy** Giving Available
- **Vanzi** Access Fund

"Quality of Life at the End of Life"

Donors

80,000+
Anonymous

10,000+
Doris Goodwin Walbridge Foundation
Aroop Mangalik
New Mexico Aging Services

5,000+
Shirley Fiske & Stephen McConnell
Frost Foundation
Rheba Rutkowski
Linda Vanzi
Donna & Randall Cygan

1,000+
Revathi A-Davidson
Donna Agnew
Anonymous
Richard Berg
Phyllis Bergman
Michael Browde
George Davis
Linda Eitzen
Lynn Gary
Michael B. Higgins
Jean Hunter & Charles Harper
Independent Community Foundation
Judith Kilpatrick
Josephine Levy
Liberty Ranch Fund
Randi Lowenthal
Peter Lupsha and Ursula Hill
Kelly & Bradley Parker Fund
Andrew & Elizabeth Paterson
Maureen Sanders
Joann Shaw
Catherine Werth
Janice Wilson
Barak Wolff & Leah Popp
Carolina Yahne

500+
Carl Akins
Debbie Armstrong
Dr. Judith Brillman
Tammy & Emmett Broxson
Sherry Burns
Susie Byersdorfer
Donna Carmon
Jo Chapman
Lance Chilton & Kathy Chilton
Adrienne Dare
Irving M Don Dietz III
Kathy Eagan
Daniel Gagnon
Grant County Community Foundation
Norton Kalishman & Summers Kalishman
Mark Liebsch
Leslie Neal
Joel Pickar
Elena Spielman
Elizabeth Stefanics & Linda Siegle
Mark and Debbie Toledo
Carrie Vernon
Linda Weisband
Joan Weissman & Michael Nutkiewicz
Russ Williams

250+
Jarratt Applewhite
Toby Atkinson
Diane Bergstrom
Karen DeGenevieve
Deborah Dungan
Janet Franklin
Nancy Gaffner
Mark & Christine Hickman
Judith Kitzes
Dr. Lorian Kostranchuk
Julie Lewis Stanley
Donald Massey
Mary McLaren
Carin Milburn
William "Bill" Morrison
Patsy Nelson
Deborah Nesbitt
Jane Riger & Paul Riger
Rabinowe Family Fund
JoAnn Ruppert
Allen & Michelle Sault
Marianne D. Seidler & Kim L. Seidler
Ralph Shiver
Andrea Sullivan
Jill VonOsten
Wallen-Eloisa Family Fund
Jane Wishner
Robert Younger & Robin Younger

100+
Nancy Abell
Elizabeth Armijo
Michael Baron
Elizabeth Baxter
Leah Becker
Julia Bergen
Steve Berlyn
Anna Blomfield
Deborah Bock
Nancy Buchinsky
Christena Buttress
Elaine Carlson
Paula Claycomb
Linda Cole
Sandra Culver
William Daumueller
Martha Davis
Melissa Davis
Edward Drumm
Bobbie Elliott
Mark Epstein
Susan Fraser
Muriel Frei
Stephanie Fuchs
Barbara Gabioud
Ann Gateley
Melvyn Gelb
Shirley Gerber
Give Lively
Steve Glass
Paul Cary Goldberg
Meg Goldberg
Bennett Hammer
Melanie Hampton
James Harrington
Patricia Hastings
Carol Jacobson
Ruth Kovnat
Molly Langley & Timothy Langley
Michael Lentz
G. Randy Marshall
Tim Matthes
Marla McDonald
Lynn McKelvey & Glenn Dickter
Belitha McKinney
James Miller
Anthony Nahacky
Debbie Nelson
Joyce Newman
Sigrid Olson
Suzanne Otter
Dan Owen
Sandra Penn
Vivian Roarty
Brian Ruder
Thomas C. Schwab & Pamela B. Donegan
Jay & Katherine Shelton
Janet Simon
Terrence Sloan
Karen Snyder
Vicki Sontag
Milton Strauss
Louise Sugamosto
Poem Swentzell
Robin Swift
Laurence Tackman
Jeff Teppema
Angie Vachio
Lisa Vigil Schattinger
Judith Waite
Carla Ward
Dennis Weller
Grace Williams
Brenda Wolfer

Under 100
Lynda Aiman-Smith
Nick Aldridge
Charlene Baker
Mary Barrett
David Becker
Diana Bell
Susan Bennett
Mark & Mary Berner
David Birnbaum
Richard Blinzler
Bruce & Marta Bloy
James Branch
Michael Breard
Sharon Coe Brown
Jennie Burns
Peter Callan
Becky Chwirka
Joanie Connors
Michele Cook
April Crosby
Joanne DeMichele
Donna Dufresne
Cynthia East
Janice Embree-Bever
Janie Epperson
Nora & Calvin Fiedler
Shirley Flint
Kathleen Flynn
Michael Foley
Christina Gardiner
Martín Gilbert
Janet Gotkin
Melissa Green
Teri Hackler
Margaret Hadderman
Tracy Hadley
Karen Hall
Carmen Harris
Nick Henderson
Scott Hennes
RaeLynn Herbster
Cristy Holden
Libby Hopkins
Gary Jenks
Colleen Kernahan
Katie LaMarre
Ann Lewis
Cynthia Lidgard-Bale
Ellen London
Julia Loveless
Robert Luke
James Maddux
Taylor Maddux
Mike & Nancy Madry
Donna Magden
Susan Malter
Bernice Martinez
Nathan Mazzei
Joseph McKenna
Molly McMahon Graziano
Juan Meijas
Deanna Mooney
Hal Myers
Damie Nelson
Eleni Otto
Andrea Penner
Deborah Preusch
Bruce Rengers
Anna Rogers
Adrienne Ross
Pamela Roy
Gail Rubin
Mike Sheffer
Anne Sigler
Sherry G Skillwoman
Marcia Stout & Dale Stout-Housley
Jo Sullivan
John Taylor
David Turner
Bert Umland
Susan VanAuken
Tom Vaughan
Connie Walters
Robert Weisz
Mary Willhite
Thomas Wippert
Kathryn Wissel & Robert Goodkind
Lori Workizer
Lynne Zotalis

We apologize for any omissions or misspellings!

EOLONM

Timeline to today

Dolores Huerta, Activist.

1995–2009 | Early Legislative Efforts

Senator Liz Stefanics and Representative Karen Giannini introduce New Mexico's first two aid-in-dying bills. Neither advances, and an organized statewide advocacy movement has not yet developed.

with

2012–2016 | Litigation and Local Organizing

Morris v. New Mexico brings Medical Aid in Dying before the courts and into statewide public debate. With support from Compassion & Choices, local action groups form in Albuquerque, Santa Fe, Grant County, Las Cruces, and elsewhere, providing education and public support.

Left: Former New Mexico State Representative Debbie Armstrong. **Right**: Dr. David R. Grube, former Medical Director of Compassion & Choices, with UNM Professor and Legal Scholar, Rob Schwartz.

Judge
Elizabeth Whitefield.

Left: Connie Hostetler and Adrienne Dare at work.

2017-2020 | A Statewide Coalition

Regional organizers unite through the informal New Mexico End of Life Coalition. Judge Elizabeth Whitefield joins the effort, and the coalition becomes a focal point for statewide education and legislative advocacy.

2021 | Law and Founding

Years of coalition advocacy culminate in passage of the Elizabeth Whitefield End-of-Life Options Act. The law is signed April 8 and takes effect June 18. Coalition leaders establish End of Life Options New Mexico as a 501(c)(3).

2022-2026 | Education & Outreach

EOLONM expands public education, volunteer support, clinical outreach, and Warmline assistance for individuals and families state-wide. Our work grows to include advance healthcare planning and trainings.

Left: Founding Board Member Jill VonOsten and Jane Westbrook at the Albuquerque Pride Fest. **Top Right:** Revathi A-Davidson at the Community Healthworker Conference at Sandia Pueblo. **Right:** Beloved Founding Board Member Marykay Brady—who sadly died in 2025, shown here with Mary McLaren in Las Cruces. **Below and Below Right:** Jan Wilson at the Carrizozo Public Library. Michael Small at Las Cruces Senior Center.

Join US!

To support End of Life Options New Mexico, visit:
endoflifeoptionsnm.org/donate

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