



# HELP US HELP OTHERS

## Support End of Life Options New Mexico

**Our vision** is for all New Mexicans to have accurate information and caring support to choose their end-of-life options in a system that honors those choices.

**Our mission** is to provide information and support for all end-of-life options, including medical aid in dying.

**Our values** compel us to demonstrate **Compassion** for others' experience, and be **Inclusive** of our state's diverse population, while showing **Respect** for each individual's end-of-life choices, supporting them in a **Nonjudgmental** manner, with steadfast **Integrity**.

We are a New Mexico not-for-profit organization. Our services are free of charge thanks to generous people, like you, who share our values and a passion for this important work. Now is the time to:

- **Schedule an educational speaker**
- **Become a volunteer**
- **Make a donation**

There is no better time than now to support our work. Your donation will provide the critical funds to grow and sustain a viable organization and give limited assistance to those who cannot afford the medications.



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Supporting  
End-of-Life  
Options for All  
New Mexicans

## Your End-of-Life Options

EOLONM supports and educates about advance care planning so New Mexicans understand their rights and can consider all their options at the end of life:

- **Forgo or Cease Treatment**  
Declining or stopping life-sustaining treatment
- **Palliative Care**  
Specialized care focusing on relief of symptoms and help with treatment decisions
- **Hospice Care**  
End-of-life comfort care, mostly in the home, focusing on quality of life and family support
- **Voluntarily Stopping Eating and Drinking (VSED)**  
Refusing any food or liquids to hasten death under medical supervision
- **Medical Aid in Dying (MAID)**  
Eligible adults requesting a prescription for life-ending medication from a qualified provider

## Elizabeth Whitefield End-of-Life Options Act

Judge Whitefield was a fierce advocate for medical aid in dying. Her difficult death in 2018 came prior to the passage of the Act that was later named in her honor.



Elizabeth Whitefield, JD

## Who's Eligible?

To qualify for aid-in-dying medication under the Act, one must be:

- A New Mexico resident;
- 18 years of age or older;
- Diagnosed with a terminal illness with 6 months or less to live;
- Mentally capable of making their own healthcare decisions, and,
- Capable of self-administering the medication.

Please visit our website or contact us to learn about the Elizabeth Whitefield End of Life Options Act. We'll respond quickly and professionally.

## We Work to Help...

- **Individuals and families** with advance care planning, educational resources, referrals and support as they decide about their treatments and end-of-life options
- **The public, community leaders and the media** be informed about end-of-life issues
- **Healthcare professionals** access education and training, and support them so they can provide the care and services their patients want
- **Healthcare systems & hospices** as they support their patients' end-of-life choices
- **Patients and families** access the new medical aid in dying law

